

What are we developing?

A methodological training package aimed

- › at making adults with learning disabilities organizers of leisure time,
- › with activities structured in line with both their own and other people's free time.

Who are involved in the project?

- › people with learning disabilities will be involved in the project in their roles as facilitators, directly constructing leisure time activities;
- › professionals and informal local supporters from the local community will join them, as supporters and co-facilitators in the process.

The **ACCESS to Leisure** project aims to develop and test out a complex training package focused on the theme of inclusive leisure time, to enable people with learning disabilities to spend their free time engaging in activities they like, and to motivate others in their environment to do the same.

Starting point:

Inclusive and collaborative **research**: based on the analysing the nature of inclusive leisure time and examining the already existing good practices of each partnering country, we will begin to develop **methodological materials** and **training manuals** on the relevant topics.

How?

These materials will be discussed in **inclusive research teams** drawn from our partner organizations.

The content of the leisure activities will be worked out and constructed with the help of digital tools, prioritizing IT safety as well.

Goals

To improve the quality of life of involved people with learning disabilities (PwLD) and we will carry out continuous assessments of this.

To create a more active communal environment with our partner organizations, setting an example for other organizations in the field, around Europe.

Expected results of our work:

Carrying out inclusive and collaborative research on the theme of leisure, compiling lists of good practices.

Developing the following materials:

- › Easy-to-read, “ACCESS to Leisure” training manual for PwLD – How to become a leisure facilitator?
- › “ACCESS to Leisure” training manual for professionals – How to become leisure co-facilitators of PwLD?
- › Training manual for informal local supporters - How to become leisure co-facilitators of PwLD?
- › Developing toolkit in an accessible format for PwLD
- › Developing toolkit for local community members
- › Developing e-learning module with all 3 training manuals – in English
- › Developing local adaptations of the training materials and toolkits in Finnish, Flemish, Slovenian, German and Hungarian. Materials targeting people with learning disabilities will be produced in an easy-to-read form.

Organizing

3 international training sessions and also pilot cycles & multiplier events in the partner countries to introduce the ACCESS to Leisure training package and its innovative and inclusive approach to as many people as possible.

Members of the partnership:

Hand in Hand based in Budapest, Hungary. The organisation has been working since 1993 for a tolerant society in which the individuals with disabilities can live with dignity. The organisation has contact with disabled people via their environment, directly and indirectly; in all phases of their lives involving family, experts and welfare organizations or by addressing society as a whole. The foundation is the project leader of ACCESS to Leisure and budget holder. For more info visit: www.kezenfogva.hu

KVPS produces services all over Finland. Our aim is to find individual solutions and to create high-quality services to support people with intellectual disabilities or special support needs and their families. For more info visit: www.kvps.fi

HUBBIE based in Brussels, Belgium and it supports persons with disabilities in living, working, learning and leisure. The organizations supports mainstream services in adapting their services for persons with disabilities. Hubbie wants to bridge the gap and promote inclusion and it invests in influencing policy. For more info visit: www.hubbie.brussels/nl

Atempo, Austria is a non-profit organisation that offers various training and learning facilities for people with learning difficulties and disabilities in Graz (Austria) and several services to assist them to get jobs for twenty years. atempo is connected to many partner organisations all over Europe through its networks (social franchise network of capito and IncluEdu network). The atempo team roughly consists of 80 staff, 20 percent out of them are people with learning difficulties and disabilities working as experts on regular contracts for the company. For more info visit: www.atempo.at

Center Val, Slovenia Association Center for psychological support Val (Center VAL) is a voluntary, independent, non-profit and apolitical association of domestic and international physical persons who work in the field of cognition, support and promotion of health of individuals and families who find themselves in distress and problems in everyday life. Center Val based in in Ljubljana, Slovenia. For more info visit: www.facebook.com/Center-VAL-109583600406583



ACCESS to Leisure

Adult education Courses on Capacity-building for the Engagement and Support of Self-advocates in the field of Leisure

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